

# **GLOSSARY**

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**CHAPTERS FIVE–SIX**

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# *A Practical Glossary*

## CHAPTERS FIVE & SIX

### **Soul Fraile**

The unique code that corresponds to your individual soul. Tuning to the Fraile of your Soul is the antidote to environmental programming, imposed “wants” and “shoulds” of others, and the version of you that’s been tailored to suit Pendulum standards.

Align with your Soul Fraile and you will become the lucid embodiment of your TRUE individuality. Tuning in will bring out all your purest characteristics. This is you doing the things you love with Heart and Mind Coordination and journeying along the Lifetrack specifically intended for you. When you are properly tuned to the Fraile of your Soul, you resonate at a frequency that corresponds to the ideal sector of reality for you, where everything you desire exists.

### **Pendulums**

Aggressive, invisible thought structures created amassed human mental energy. When a group of people focus their collective attention in one direction, their “thought waves” aggregate into a mass of energy. These are covert, but very real energy-information structures and they create Pendulums. Pendulums develop on their own accord and create laws and standards to which their victims must adhere. Under the influence of a destructive pendulum, one loses their personal creative freedom by becoming a cog in the machine. The more people/fans/members who participate in this one-sided energy exchange, the stronger the Pendulum will become.

Every Pendulum has its own characteristic frequency. A Pendulum’s objective is to affect an environment’s frequency to the extent that humans begin focusing on it and tuning to the disruptive frequency. Once a human’s frequency has been affected, so too are their thoughts and actions, which all collectively correspond to a sector of reality where the Pendulum dominates.

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It is impossible to Transurf a reality being created and controlled by a destructive Pendulum. In succumbing to the destructive influence of a Pendulum, an individual runs the risk of becoming forcibly diverted away from Lifetracks where they experience happiness.

To suck energy from their adherents, Pendulums captivate humans by eliciting high-intensity feelings and reactions. They trigger strong emotions like resentment, dissatisfaction, hatred, frustration, anxiety, agitation, oppression, confusion, despair, fear, regret, affection, admiration, tenderness, idealization, adoration, delight, disappointment, pride, arrogance, contempt, disgust, sense of offense, sense of duty, guilt, etc. Classic pendulums include: the media (including social media), politics, religion, professionalism, fashion, pharmaceuticals, alcohol industry, etc.

## **Standards**

Rules, regulations, “shoulds” or “shouldn’ts”, guidelines, codes of conduct, etiquette, duties, social norms, etc. presented to us by Pendulums in our external environment.

Standards create a structure for adherents to follow that helps the Pendulum continue its smooth extraction of Personal Resources. Question the standards a Pendulum has set and be prepared for pushback. This pushback is merely an illusion, which can be successfully navigated by lowering your Importance levels.

## **Importance**

An overvaluation of an attribute, material item, event, person, place, or belief. Importance surrounding a particular matter is often held in your mind but not in the minds of others.

**Example:** You have high Importance about an event that is transpiring. You speak with a friend on the phone who doesn’t seem to care as much about it as you do. Your Importance levels are elevated, which creates an energetic imbalance. This energetic imbalance is referred to as excess potential. Your friend is unaffected by the event transpiring (or not) because of his/her nonexistent Importance levels.

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All our problems in life stem from excess Importance levels; successful Reality Transurfing is only possible for an individual who has them adequately managed. Pendulums seek to hook us via our Importance levels. Hence the theory that either Pendulums create your reality for you via your Importance levels, or you create your own reality by managing your elevated levels of Importance.

## **The Mirror World**

The metaphysical world we pull from to materialize our external reality. What we present to the world's mirror, will ultimately be reflected back to us.

Most people attempt to change the reflection directly rather than whatever the thing is being reflected. All the physical world does is show us a mirror image of our attitude, actions, and beliefs toward it.

**Example:** Stepping out of the shower, you wish to comb hair in the bathroom mirror. Do you attempt to fix your hair by reaching out and combing the hair of your mirror self? No. You comb your hair in physical reality and see it reflected back to you in the mirror.

The same holds true for reality. If you want your world to look a specific way, you must first determine how you can project the desired effect.

Example: If you want a higher level of wealth, you must project outward a version of you that holds a higher level of wealth. This could mean dressing up and physically adorning yourself like the wealthier version of you might. It could mean acting out the role of having achieved higher success or holding an attitude, the confidence say, of someone who has achieved higher success.

## **Intention**

A declaration to the world's mirror that you will have something, be something or do something. It represents your resoluteness to have and to act. Once an Intention is determined, the world will begin presenting options and Variables in line with whatever it is the Intention holder seeks. When an Intention is declared, Cracks in the Matrix will begin to appear.

## **Boomerang**

What you throw out into your world: your thoughts, actions, and frequency. What you throw out will return to you like a boomerang.

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## **Feedback loop**

The feedback received by you via your mirror as a product of your thoughts, actions, and frequency.

## **Anomalous Action**

Action outside your normal realm of activities. Taking a step in an unknown or novel direction.

Anomalous action can be something as small as taking a new path to work or as big as quitting your job and starting your own business. It is anything that breaks routine.

## **The Alternatives Space**

The Alternatives Space is an infinite metaphysical informational structure. It contains all versions of all events currently materialized or up for possible materialization into the physical world. The Alternatives Space is a grid of matter moving through space and time, which contains everything that ever was, is and will be. Everything originates from this grid.

Our world exists simultaneously in two forms: The Physical Reality (everything we can touch with our hands) and The Metaphysical Alternatives Space (the energetic equivalent of everything material), which is located just outside of perception, but is just as objectively real.

The mind does not generate anything “new” per se. Rather, it accesses knowledge via The Alternatives Space. All scientific discoveries, masterpieces of art, languages and ideas are received from this space.

An individual with Heart and Mind Coordination experiences the greatest ease with accessing The Alternatives Space. The deeper you connect to The Alternatives Space, the more capable you will become at materializing favorable variations in waking reality.

Since I mentioned waking reality, let me note here that dreams (the ones we have at night, asleep) are not illusions in the classic sense; The mind does not invent dreams – it experiences them. During sleep, we gain access to unmaterialized variations, i.e., alternate versions of scenarios and scenery. Dreams do us the magical service of showing us the myriad of potentials available to us. Dreaming is a journey of the soul, flying unhindered through The Alternatives Space at night.

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## **Heart and Mind Cohesion *or* Heart and Mind Coordination**

When heart and mind agree and unite over a particular subject. Those who live from their mind suffer from the desires of the heart being stuffed away and those that live entirely from their heart have trouble finding tangible success in their world.

### **Lifetrack**

Human life is experienced as linear but is simply matter in motion creating chains of cause and effect. The collective “effects” assemble into a Lifetrack. The set, decorations and props of a given Lifetrack (people, places, circumstances, and material objects) form in correspondence to thought quality, action, and frequency.

Life moves evenly along its track until an event, or a shift in thought, action, or frequency, introduces a substantial change to the set and decorations. If the change is significant, we will experience a shift that crosses us over to a different Lifetrack. You are always on a Lifetrack; the parameters will look different depending on your emissions.

By changing your attitude toward the world – that is your thought image – you can shift Lifetracks and gain access to alternatives that may not have been available to you on your previous Lifetrack.

### **Script**

The trajectory of your current Lifetrack.

### **Law of Advantage**

An adopted rule that states everything is working out to your benefit, always.

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MORE TO COME IN CHAPTER SEVEN...

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