

EXITING THE MATRIX

A Practical Guide For Rebelling Against Reality



Renée Garcia
Director, ITI

Exiting the Matrix

Installments

01. Scripts & Programming

02. Spotting Inferior Scripts, Choosing Superior Ones

03. Abandoning Convention & Defying Standards

04. Script Kickback

05. Transquestions Audio

[ALL AUDIO FILES](#)

Exiting the Matrix

Renee Garcia



About the Author

Renee Garcia wasn't supposed to lead an inspired life.

Growing up poor and struggling within a dysfunctional family, her future wasn't looking bright. She dropped out of school, struggled with substance abuse, and was well on her way to becoming just another statistic.

Fortunately, Renee never lost her intuition that there was something more to life.

After discovering popular Law Of Attraction authors, her intuition was proved correct. But she still wasn't impressed with these systems of pure "positive thinking" as they never explained how reality actually works.

Then she discovered Reality Transurfing, which at the time had almost no presence in North America.

This modality filled in the missing pieces by leaving aside common New Age tendencies with actual principles she could test for herself.

As a result, her life saw dramatic and unbelievable changes. She found that it's indeed possible to create a new layer of reality in one's life.

Renee knew this system needed to be shared with others.

She's now a mega-successful entrepreneur and the foremost English-speaking authority of Reality Transurfing, working to make this knowledge more accessible to people who don't have the time to decipher its many aspects for themselves.



Scripts & Programming



[Click Image For Audio](#)

“You are being led by a harsh script, and this is what bothers you.”

-Tufti Live Stroll Through a Movie

Warning!

The knowledge and methods to come will disrupt the current version of reality you are experiencing. Therefore, what is to come should not be taken as advice. Instead, use good judgment moving forward that aligns with your circumstances.

Eradicating programming and switching from harsh scripts that no longer serve you can be destabilizing, not only to you but others in your life.

Proceed with caution!

The International Transurfing Institute holds no liability for the results generated by utilizing these methods. All actionable steps taken by those listening is the sole responsibility of the one taking them. Own your actions and maintain accountability.

This is powerful stuff! Approach your future moves with a pragmatic sensibility. Don't be reckless in your endeavors.

Check yo' self before you wreck yo' self.

A fun little anecdote to convey the essence of the lessons, along with these words of caution...

Where I live in Tbilisi, Republic of Georgia, the traffic is utter madness.

Large boulevards have no distinguished lanes, and traffic weaves chaotically, appearing as though multiple accidents should be occurring at any given moment, yet there are none.

I have literally never seen a fender bender, pedestrian hit, or any other kind of vehicular mishap. I have never seen anything like it. But how can this be?

This is because every driver adheres to the same rules and code of conduct for navigation. In fact, I have yet to see or hear of anyone driving here that is not Georgian (besides me), and everyone is programmed to operate their vehicles in the exact same manner, so it works.

The drivers are all simultaneously running on the same script, and the result is a miraculous display of wild abandon to conventional traffic rules being defied to absolute perfection.

Then there is crossing the roadway as a pedestrian.

Like in any other major city, there are crosswalks and signals for crossing the street safely.

Then there is what I call the “Georgian Crossing.” I picked up this technique by watching a few others brave enough to do it and have dissected this approach from a metaphysical standpoint to success.

A “Georgian Crossing” is crossing the road without a crosswalk and moving across many lanes of a wild sea of cars creating a shortcut, a type of jaywalking on steroids.

My first attempt at making a Georgian crossing was abandoned when I saw the sea of cars flowing in my direction.

“I can’t do this! I’ll get hit for sure!”

The script appeared too powerful and to set in stone. So, I resigned from my attempt and followed the conventional waiting program at crosswalks.

“I’ll just stick to the crosswalks where it is safe,” I assured myself.

At a certain point, however, I was stuck on the side of a street with no crosswalk. I was going to suck it up and attempt the Georgian Crossing for the first time, using the skills of Reality Transurfing to get me safely to the other side.

First, I accepted there was a version of reality that I could cross the street successfully, defying the conventional script of using a crosswalk.

I then decided to stop seeing the sea of cars headed in my direction as a whole and simply address one car at a time (Transfer Chains).

I also stopped looking at the other side of the street (my end goal) and entirely focused on one step at a time. Again, there was undoubtedly a script in play, but each step I committed to would be my own, not dictated to me, allowing for the shortcut to my destination.

So, I stepped off the curb and simply addressed the

first car headed in my direction.

I gaged the amount of time I had based on the speed of the first car and crossed that invisible lane, the car passing behind me.

Then I did it for the next and then the next.

I found myself smack dab in the center of a 6-lane highway, cars traveling at high speed both in front and behind me. The following vehicle traveled faster than the rest, and my initial instinct was to take a step back.

I quickly realized that in doing so, I would be disrupting the script that I had already initiated, in a manner that could have had dire consequences. I let the speeding car pass, and then the speeding car behind him pass as well, then made my way across that lane at the same tempo I had crossed the previously invisible lanes.

I did not waver, allow the cars to intimidate me to the extent that I questioned my choice, nor did I speed up my moves out of fear. I did not take a step back or abandon my intention when doubt slightly kicked in.

I crossed the highway flawlessly, arriving at the other side to celebrate my accomplishment. I hacked the crosswalk matrix and now enjoy this activity when I need a shortcut.

Why did the chicken cross the road? It didn’t. It was too busy tripping balls on all that could go wrong while the Transurfer crossed the road successfully. Bitchin.

This elementary example demonstrates that you don’t have to move in the manner dictated to you, yet you own the results either way.

Had I been stuck and killed by a car? Well, that’s on me, not the Georgian dude I watched perform the stunt before me.

If I spend hundreds of hours of my life waiting at crosswalks, that’s on me too. There are rules, standards, and guidelines to follow and those to break.

This course is designed to help you WAKE UP and learn to pinpoint which rules to follow and which rules and standards you can effectively diverge from, which rules may help you materialize your intentions, and which rules may be a shortcut.

“Until they become conscious, they will never rebel, and until after they have rebelled, they cannot become conscious.” -George Orwell, 1984

The insights I have accessed and the Reality Transurfing knowledge have helped me acknowledge the scripts running in my life, how they help or hurt me, the REAL me, not the programmed version of me pressured to adhere to standards I did not set. I intend with this series the same for you.

In this first lesson, we will define Scripts and Programming and how they are associated. Once you begin to see the scripts you are riding on and how your programming plugs into these external scripts, well my friend, you've leveled up right there.

This course is about you taking back control and the first step in regaining control is to peek behind the

veil of your reality. Ready?

A bit about my life today and how exactly I've arrived here.

I'm 43 years old and have a 9th-grade education, yet I'm semi-retired, living the reality of my choosing and creating my own rules to live by.

I've created several notable businesses without the formal training or resources most people obtain when starting such businesses. As a result, I've seen successes that have left people in my life shaking their heads, not entirely understanding how I get so lucky.

I own the most beautiful home I've seen in the magical city of Tbilisi, Georgia, a city I just moved to, a place many people in my life tried to convince me of the mistake I was making.

However, moving to Tbilisi at this point has been the best decision I have made recently, allowing me to hack the financial matrix and achieve many of my goals in a matter of a few months. This decision defied many standards before me, yet I jumped over



them onto a very cozy and promising Lifetrack.

In addition, my time is my own, and I obtain the ability to jump into new ventures finding success rapidly and with ease, again, to the amazement of others watching.

I have zero debt, financial comfort, and I live a life blossoming with all the things I've chosen. I want nothing and attribute all I've gained from my audacious perspective that I can have it all, via unconventional means.

I've created a formula that works for me, and my methods can assist you in concocting your own formula, allowing you access to higher Lifetracks, fruitful success, elevated happiness, and freedom from conventional reality.

But first, let's dive into the differences between following conventional scripts or choosing the path of rebellion and how society rewards and punishes the two.

“Pendulums hate individuality but are forced to make the individual a star.”

-Vadim Zeland

Wtf does that mean?

Put simply, this means the pendulums of society want you to adhere to the scripts swirling in the environment: the good citizen, the consumer, and the employee of the month.

Pendulums offer rewards and incentives for following the scripts, the virtual pat on the back via your political group on Facebook, being the proud owner of the latest and greatest tech gadget, and the employee gearing up for a pay increase. There always must be incentives; otherwise, people wouldn't adhere to the standards.

I know a secret, however... There are just as many incentives and rewards for those who defy the norms,

in fact, many, many more. However, pendulums don't want you to access this information for obvious reasons.

They will lose your energetic contribution to the matrix as it's constructed. I have learned firsthand that almost everything that the Pendulums of modern society have threatened against me if I went against the grain never happened. Quite the contrary, I have thrived.

“You'll go nowhere without an education!”

“You can't start a business with zero industry knowledge!”

“It takes years to become an authority on the matter!”

“You don't fit the script!”

That last one may be accurate, but it doesn't matter. In fact, pendulums LOVE when you don't fit the script, they foam at the mouth at the sight of a newcomer not displaying the standard qualities and can't wait to make the individual a star. But they won't tell you this...

Elvis Presley, Martin Luther, Rosa Parks, Anaïs Nin, Margaret Thatcher, Madonna, Edgar Allan Poe, Donald Trump, Barack Obama, Princess Diana... the list continues.

There are two ways to find success in this world: Adhere to the standard set by the pendulum precisely and without question or contest and defy them, jumping onto the script of a rebel, riding it to your version of success and fortune. I've chosen the latter.

Why? More on that to come.

To break it down, scripts are the programs of pendulums. A script is a flow of collective events that fits a predictable formula.

Humans adhere to conventional and familiar scripts because they essentially offer a perceived safety net on the way to the destination.

“Do as I do,” the first rule pendulums of all kinds ask us to follow. So, we do, as watching others find success before us offers somewhat of an insurance policy of our choice.

Let’s call out the most conventional... the script of modern life...

Go to school and get an education, enter the corporate world, get married, buy a house with a mortgage, have a family, and set up an environment that teaches and urges the offspring to do the same.

“This is the recipe for success!” The pendulums will declare with pride.

Now, if this script serves a person and is in line with the Fraile of their Soul well, this person is golden and will shine brightly while adhering to the standards and guidelines of said script. However, if the script does not serve the individual or isn’t in line with their Soul Fraile, there is a problem.

From my understanding, this is the sole cause of depression and anxiety.

Depression simply results from following a script that does not serve the individual. Anxiety is produced from a lack of understanding of where the script leads you.

It can also be a misalignment of heart and mind in achieving the results.

This is the businessman driving to the office daily, wracked with anxiety over his performance, the level of respect he perceives as inadequate from his colleagues, and the results of his recent review for the promotion he feels is so important.

The ego desperately tries to figure out via deductive reasoning where the distress is stemming, coming up blank or placing blame on the lack of external achievement, but the chosen endeavor simply may not have been the correct choice for the individual in the first place. The endeavor is not the person’s own; therefore, the path to it is seemingly arduous and contrived.

This is a recipe for disaster: mid-life crisis, false goals with little satisfaction upon completion, meaninglessness, low energy, confusion, the envy of others living out their dreams, alcohol and drug addiction, and other unhealthy coping mechanisms to dull the pain generated by living a harsh script, the list goes on and on.

Have you ever intensely looked forward to a vacation only to not really enjoy the damn thing and then return home to the same old life, wondering what the whole thing was about in the first place? Your time and money wasted?

The excitement and fantasy leading up to the vacation are you looking forward to exiting the script. Reprieve. Yet, you return home to the same old script, and any joy found on the holiday seems like a far-off memory that quickly fades.

Scripts that serve you don’t call for vacations. When living a script intended and chosen by you, your life becomes a vacation, and you will have no desire to exit the script for a break. This option is available to all of us – yes, even you.

I can fully and honestly say that today I am not living harsh scripts not intended for me. I am at the helm and choose with lucidity strictly which scripts I follow.

Unfortunately, this has not always been the case.

From the beginning, as we all are, I was transmitted environmentally, generationally, and biologically a harsh script.

When I was a young adult, we had 5 generations alive on my mother’s side at a single time and had I given birth, we were one generation away from matching a world record.

This would’ve been a product of deep generational and biological programming. Each woman on my mother’s side was married and pregnant by 17 years old.

I knew from a very young age that this script was

something I had absolutely zero interest in. However, I still wanted the comforts and familiarity the pendulum had to offer. This was the equivalent of one foot in the script and one foot out.

I was neither the pendulum's favorite nor the maverick. This resulted in a furious husband and in-law family confused and pressuring me to create children, a product of the script highly valued by them but not me.

The consequences were catastrophic, and I almost ended my life multiple times due to extreme domestic violence. I was handed this script. Without awareness, I accepted it but did not adhere to or agree to the rules and standards.

The script was the scenario I had chosen, along with the set and decorations embellishing my choice, the domestic environment, family, etc. My programming plugged right into it.

"Think of others first."

"Children are everything."

"Your Soul Fraile, the intricate code of your unique individualism, and what your heart and mind are aligned on will lead you through defying it all if this is what you choose. ."

"You must please your husband and in-laws."

"The only son of an only son needs a son."

Etcetera Etcetera Etcetera.

After narrowly exiting this script, I declared, "never again." I set the intention to stand on my own two feet and never allow myself to get caught up in a narrative I didn't choose.

Did this happen exactly as I intended it out of the gate? Heavens, no. I still had many mistakes to make, which would provide valuable lessons allowing me to



evolve exponentially as I learned to navigate unknown landscapes.

Quickly after the “marriage” Lifetrack switch, I entered a new script that rapidly chose me as its star because I defied the rules and standards again. What was the difference? I had Heart and Mind coordination over my new endeavor, in the previous script I did not. I was simply following what I was programmed to do, right into a script that was not serving me. This new script did, and I chose it with my eyes wide open. More on this later.

You are programmed for many things. The majority of your psychological programming plugs into the most obvious and dominant scripts in your life.

If you aren't happy with what you have now or want a reality upgrade, acknowledging the scripts you have chosen and programming no longer serving you is a great place to start. Can you start now to call them out? You DO have the ability to choose alternate scripts. You also have more obscure internal programming you can foster, nourish, and expand on allowing you to jump and plug into some of these less obvious scripts.

At a time in my life, the only script I believed my programming would support was that of a dead-end, low-grade marriage. When I started to question it all, I noticed some programming deep within that could bridge me from the undesirable sector of reality I was living to a new and heightened version.

I was programmed to be resourceful, hardworking and diligent; I just hadn't adequately nourished these traits nor was I living in an environment that supported them. As I began to challenge my scripts and programming my Soul Frail saw a glimmer of light and just like that, a door opened to a new version of reality.

In closing, your Soul Frail, the intricate code of your unique individualism, and what your heart and mind are aligned on will lead you through defying it all if this is what you choose.

The first step is to determine what you truly want,

what is absolutely intended for you, and what will make you feel as though your life is a feast and constant celebration.

Then, simply aligning the scripts that serve you and discarding the ones that don't is the next task. You cannot change the direction of a script, but you can choose a new one.

In the subsequent modules of this lesson, I will relay precisely how this is done.

In the next lesson we will go over exactly how to spot scripts no longer serving you, how to choose new scripts and which programming you need to ditch to do so...

“Forget safety. Live where you fear to live. Destroy your reputation. Be notorious.”

-Rumi

Now before we move on to the next installment, here is an excerpt from Tufti's Live Stroll Through a Movie on Scripts.

“Why aren't things the way I want them to be? That is the question! So, what is the answer? It is because you are being led by the script because you are unaware of the fact, because you don't compose reality yourself but simply exist within it, like fish in an aquarium, or more precisely, like snails.

The fact that you are constantly in a vegetative state and only occasionally wake up and realize that you were sleeping, proves that you are being led by the script. Why do you think that you forget about your attention? From absent-mindedness? No, it is because you are being led by the script.

You think that you are acting independently, getting your own way, but that's just an illusion. The illusion of action, if I may remind you, lies in being so caught up in reality that you don't notice the illusion and aren't aware that you are the obedient character of a game.

It is literally like a film. The characters in a film don't fully realize their situation either. I am not referring to the actors but the heroes of the film specifically. The actors may be long dead, but the characters they played come to life every time someone watches the film.

Don't you find it strange? Technically speaking, there is nothing strange about it — just scenes from life shot on a roll of film. And yet, it is very strange, isn't it?

You invented films not because you came up with the idea yourselves, but because this aspect of reality already exists. You cannot come up with anything new, that does not already exist in waking reality or that is not yet explicitly manifest. The only reason you have film is that you are living in a motion picture. Film is a model of reality.

Equally as strange is the contradiction whereby you, as characters, unlike the heroes of a motion picture, are endowed with consciousness. It is a paradox — reality's a joke.

And still, you have a chance. Although you are fully present and self-aware in the moment that you ask yourself the question, the rest of the time your awareness is sleeping and surrenders to the outer script.

What is also incredible is that you aren't shocked by the idea that you are merely sleeping characters in a script, although you should.

The reason it doesn't shock you is that you aren't capable of seeing through the illusion of action. It is very powerful. You simply don't take it seriously when I say, "You are being led by the script." You think it is a joke or some kind of esoteric fantasy. It's true!

And even when you take me at my word, you aren't fully aware of it, just like the characters in a film aren't aware that they are characters in a film. But perhaps, one day, after you have experimented with reality, the moment will come when you will be acutely aware of it. And then you really will be shocked.

But for now... you only vaguely suspect the existence of the script — the phenomenon of fate. Yet fate is just a general direction.

You can choose your fate, like a road, but you are twerps that you choose fate in a worsening direction because you see harm rather than advantage in life; and also because you do not really choose; instead you go out of your way to control everything, thereby creating even more harm.

The script is much more strict and precise than your perception of fate. It is a program that dictates your behavior and all your actions on the current film roll. It is not possible to control the script. All you can do is choose a different one by composing a concordant reality.

It is tempting to try and control the script, given your habit of doing so and the illusion that such a thing is even possible for you. When you try to exert direct influence on people and events, you are making a mistake that leads to a whole series of negative actions and adverse effects.

Then the script begins to move in such a way that the clouds on the horizon of your reality can only get heavier. And then you will find yourself like a rat in a maze, looking for a way out, which is grueling and unproductive.

You must understand that it is not possible to directly influence either the local script or the general course of events. You can only grasp the edge of the canvas of reality and make use of some of its components. Seeking the advantage is one of those components."

Pretty good shit, huh? Now for the next installment:

Spotting inferior scripts and choosing superior ones. But first, please finish your homework for this lesson will ya? The homework is just as valuable as the lessons and will help you make sense of the maze you've been trying to escape.

Do it! NOW!"

SCRIPTS & PROGRAMMING HOMEWORK

The best way to fully understand the concept of “Scripts” is to start calling them out.

- The struggling cashier at the grocery store -SCRIPT.
- The successful and happy Pediatrician -SCRIPT.
- The daring and mysterious traveling photojournalist -SCRIPT.
- The lonely-hearted, bitter divorcée in her 50's, drinking a bottle of wine a night -SCRIPT.
- There is the starving artist script, the empty businessman script, the passionate schoolteacher making a difference script, the list goes on and on.

Consider the Scripts that stand out to you in your environment. Then, start considering the Scripts YOU are following. List them here.

After you've completed this part, try to pinpoint which prominent bit of programming (thoughts, beliefs, habits) directly dials the adherent of the script into it, you included.

Example:

The lonely divorcée: PROGRAMMING - all men are dogs, relationships are dangerous, I'm not lovable, etc.

The daring photojournalist: PROGRAMMING - The world is MINE! I make my living out of adventure. Life is short; go hard.

The struggling cashier: PROGRAMMING - I've amounted to nothing and never will. Life's a bitch, and then you die. I'll be in debt forever.

Your turn...

This image shows a blank sheet of white paper with horizontal brown ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins or other markings on the paper.



Spotting Inferior Scripts, Choosing Superior Ones



[Click Image For Audio](#)

The only thing standing between you and what you want.... is YOU.

Who are YOU at this exact moment? Are you happy with the person you have become? Are you satisfied with what it is you have? Your trajectory in life? Your credence on the nature of reality as you are experiencing it?

Your internal programming and the scripts you have chosen for yourself are precisely why you have the things you currently hold and do not obtain what you want or what you feel needs to be improved in your layer of reality.

As I always say... the only thing standing between you and what you want... are YOU.

Our programs allow us to accept or resist specific versions of reality, and our actions and results in life mirror the internal software constantly running in the background.

If you happen to access a tiny bit of external informa-

tion that conflicts with your current program, your ego intercepts this data and immediately works to neutralize it to not compromise the program. Why? The ego is in a constant state of propping the program up, protecting and defending the chinks in one's armor.

But why?

Human beings typically strive for two objectives: survival (procuring basic needs) and supporting and being right about their constructed theory of life and reality, their worldview.

The ego is a person's #1 go-to to support these instinctual drives. To feel "wrong" directly impacts and threatens the first human objective, survival. This results in a very uncomfortable sensation for humans, a sensation of diminishing power.

Furthermore, one feels empowered when one feels as though one knows what's up. The more power a hu-

man feels, the “better” he feels, and with diminished power, he feels “bad.”

You got a pay raise at work and fell in love; you feel great! You got fired from your job and just broke up with your partner, and you feel bad.

The ego simply backs up any ill-founded logic to keep the human feeling robust should the scenario play out in an undesirable direction, thus avoiding the discomfort of diminished power. This is why a fool suffering from a foolish theory will still display it loudly and proudly.

“Life’s a bitch, and then you die!”

The fool would rather grasp at the near-valueless scraps of perceived power that declaring his theory provides him than admit defeat, acknowledging he has it all wrong, returning to the drawing board with his butthurt ego in tow.

Check yourself next time you feel a heightened state of either positive or negative emotions and see. You most likely just encountered information or an event that either increased or diminished your sense of personal power. Your ego then latched onto this information and declared, “I’m doing great,” = happy or “oh no! I’m doing horribly” = sad.

Reality Transurfing offers us the ultimate neutralizing bit of information, however, that there is ‘evidence to support all theories.’ This statement is supported by the sheer amount of data and infinite variables in the Alternatives Space.

Every theory has the right to exist and has ample evidence to support it, no matter how out there. This is why conspiracy theories exist, their righteous believers defending them in the trenches of metaphysical no man’s land.

This is why miracles occur; average humans perform what was once perceived as impossible. Vadim Zeland refers to this as “apples falling to the sky”; more on this later.

Is it possible? Absolutely. Everything is possible! Your

current experience of reality is just one possible variation available to you in the Alternative Space.

Your deeply embedded programming and the scripts you have chosen are physically materialized into the Lifetrack you are living along with the “set and decorations” ; which embellish your Lifetrack. Your theory about yourself and reality plays out in living color, good or bad.

Example: I once held a theory that my life held no value, that I had nothing to offer anyone, and that I was a burden to those in my life. I displayed extreme acts of learned helplessness, believed I was doomed, and generally felt apathetic about my existence at best and, at worst, felt my life to be a nightmare.

I chose scripts that paralleled my programming, minimum wage jobs, abusive relationships, and destructive coping tools. The Lifetrack I had materialized, as a result of these low-grade programs and inferior scripts, mirrored it perfectly.

Was I hitting the Wave of Success? Nope. Were people I encountered valuing my presence? No. Did I have a safe and beautiful home that supported me? Heavens no. I got exactly what I chose, which didn’t include any of that stuff. So, what changed? My program did, and I began choosing different scripts.

All the world is doing is reflecting you an amalgam of your thoughts, beliefs, and attitude. -Vadim Zeland

On the flip side of this fact, we are boldly empowered to choose something higher and better for ourselves using the Reality Transurfing methods, but with one caveat, the programming must be upgraded. You must build a new house using something other than old bricks.

If I were to tell you now that you are capable of living your wildest dreams, having everything you’ve ever wanted and more, almost to the point of disbelief, I’m confident the initial response would be along the lines of...

“Yeah, right, maybe for others, but I’m the exception. Life isn’t like that for me.”

Your program. Your script.

Well, there you have it, your ego proudly and dutifully at work, supporting a well-rounded theory not in your favor, gathering evidence readily available and easily collected to support it. You've chosen this script, and your program plugs right into it quickly, and you live out this exact version of reality. The ego essentially convinces you that reality is static and that "life is what it is."

Son of a bitch.

So, what is a silly human to do then?

The first step is to intend for something higher and better and to acknowledge which script is no longer serving you and which part of your operating system plugs into this script which is navigating you to less desired sectors of reality. It's pretty simple but learning how to get going down a new path takes some evolution.

You've got what it takes, though; I promise you that. You've found yourself here, which is a feat in itself.

This is serious shit y'all!

It's like traveling down a highway and realizing you are headed to a different location than you want. You may have gotten lost, taken wrong directions from others, or are simply driving around aimlessly with no direct destination plugged into your navigation system.

This is where asking yourself meaningful questions comes in, getting you en route to where you genuinely want to go. Questions such as...

Where do I truly want to go?

Am I staying the course and getting myself there?

Are the conditions ideal?

Do I have enough gas?

Are oil levels good?

Or is my check engine light on, have a flat tire, and out of fuel?



Here is the thing, if you are driving along at high speeds and realize you'd instead go to another location, you don't abruptly yank the wheel to do a U-turn in the middle of the highway or veer off erratically with no exit; do you?

Scripts are like highways and interchanges; they are already paved and optimized for safety and efficient travel. Smoothly exiting when the signs direct you, then changing direction by merging to the highway that corresponds to your desired location is critical.

Scripts are threaded through our external realities in abundance, and the power of being able to jump scripts is first found in being able to spot them. This is why I'm so hardcore about Anomalous Action.

Exiting your reality rut and exposing yourself to new information, ideas, and sensory input equates to being in the center of a massive intersection of freeways. You can go in any direction you choose. So, what is your choice?

If you took my Quantum Clearing Method course, this is another approach to getting to a more desired location by rebuilding the vehicle taking you there. This program here focuses more on the scripts you have chosen and overrides faulty programming, convincing you there is only one road, one destination, and one way to get there.

Open yourself to the infinite scripts available to you and flood your heart and mind with new information, options, and variables, confusing the ego, disrupting the script, and then jumping to another.

A combination of the Quantum Clearing Method and this approach is the 1-2 punch that works for me. I look for new roads and, at the same time, constantly improve the vehicle which will take me there.

The key is where you focus, your destination, and ensure your transportation mode is appropriately aligned. Want to drive from the east coast to the west? Are you on the right road to get you there, and are you adequately prepared?

Again, the ego diverts your attention to protecting

the chinks in your armor and most likely will attempt to convince you that going such a distance is impossible, the couple of pounds you need to lose, how you won't pass those exams, that that beautiful romantic relationships only exist in movies, how you're broke or struggling financially and always will. These are old programs, and you are playing right into them.

Let's say a friend's son or daughter was just accepted to med school, and although you are happy for them, you feel a twinge of loss at the passed opportunity of becoming a doctor yourself. This is you essentially waving goodbye at the freeway off-ramp to that destination, presumably, a road sectioned off that is unavailable to you as you see it.

But it is available to you! You could start by fulfilling the requirements to apply to med school. Who says someone in their 30's, 40's, or 50's can't begin the process? No one but your ego.

The ego is a tricky entity, and it is vital to learn how to trick it right back. I have learned to do this by assuming ALL roads are open for me, even if it means I will be the rebel and an oddity going towards my destination, not fitting the script exactly.

You don't have to! It's all an illusion. I don't fight myself trying to fit the script. I keep exposing myself to all the ways and reasons something can and will work, which is updating my programming.

I then simply choose the scripts that support me. I don't fight against any script ever; I simply choose another.

Back to my bogus theory that my life held no value, that I had nothing to offer, and I was a burden to those in my life, that I was in a constant state of learned helplessness, believed I was doomed, and generally felt apathetic about my existence at best and at worst, believed my life to be a nightmare. Blah, blah, blah.

Flipping all this stuff on its head was a matter of rebelling against this narrative. I didn't attempt to change the script itself; I chose other scripts which directly diluted the evidence supporting the other.

My commonly told story of waltzing into Cartier in Beverly Hills broke as a joke yet perusing million-dollar pieces of jewelry illustrates this approach well. With audacious delusion, I allowed myself the luxury of believing this variation was possible. I had zero money to my name, was drowning in debt, and didn't own a single piece of fine jewelry, yet none of that mattered.

I didn't go about trying to convince myself I belonged there or attempt to negate the negative programming telling me that I was an unvalued patron; I simply presented myself with another variation of reality. I did this over and over and over until my ego had no choice but to agree.

I didn't do this once and abandoned hope; I performed this routine over and over and over again and still do so to this day nearly 20 years later.

Once my heart and mind agreed, and I relentlessly flooded my Lifetrack with evidence to support this new variation, my ego agreed too, then the reality was forced to agree as well.

So, there's your golden ticket to exiting any script, whenever you choose. Find the thing that ignites the heart and mind and present more and more evidence in line with this possible variation, and you've got your ego in the palm of your hand.

Not working? Flood in even more information and possible variables, flushing out the old script, diluting it, and all the data supporting it. Sounds too easy? Is that your choice?

Here's the thing: the ego may be tricky, but it is idiotic and straightforward. The ego typically follows the path of least resistance and doesn't give a damn which theory it protects and supports. It's like a gullible child or a French Foreign Legionnaire; it can be easily tricked and/or will sell out quickly and ultimately do as it's told.

The key is to offer more and more evidence to support a new theory that confuses it, allowing you an opportunity to jump to a new script. Before you know it, your good old ego reinforces the new ideas,

beliefs, attitudes, worldviews, etc.

Does it happen overnight? It can if you choose.

The ego gets a bad rap simply because it is usually caught red-handed defending and propagating shitty theories, your weaknesses, and a mode of operation that does not serve you as a whole or the others in your life. Choose a new script that ignites heart and mind coordination and provides value to your environment, and the ego becomes a willing participant switching scripts with you more quickly than you can declare "Evidence to support all theories"!

So here is my simple 4-step formula for script jumping with ease! And I'm not kidding; it is this simple if you choose it to be...

Acknowledge the primary script you are on and which script you want to jump to.

Don't know what it is you want? Dive headfirst into an anomalous action challenge (we have a premium series on this, too!) and exit your reality rut!

This is the equivalent of putting yourself in the center of a massive freeway interchange. The more options you have, the more likely you will encounter something that ignites heart and mind coordination. The roads are wide open!

Where do you want to go? There are more and less traveled roads, but they are all there and all already established. Scripts are not created. They already all exist, from the most common to the obscure. What fun, right? Now it is simply a matter of choosing.

Keep your ego in check.

So, you've chosen your destination and believe you've found the best road to it. Your ego will be like an annoying hitchhiker sitting in the passenger seat, constantly questioning the route, driving skills, and ability to arrive at the final destination.

You don't need to waste precious energy negating your ego, but whatever you do, don't act on the negative dialog. Turn the music up, sing out loud, and

change the conversation.

As simple as it sounds, awareness is 99% of this game. If you anticipate your egos gibberish, then it will be just that. Plug your destination into your navigation system and let your ego say what it wants.

It all comes down to challenging your limiting beliefs, continuing to flood your mind with beliefs of expansion, and acknowledging the abundance of scripts available to you. The Transquestions offered in this premium series will assist in this part.

Stay the course.

This is where Tufti's center screen concept comes into play BIG. Pull yourself away from your inner screen, which equates to you daydreaming behind the wheel, losing your sense of direction and consequently heading in the wrong direction and pulling yourself from your outer screen which equates to you becoming so captivated by the scenery you veer off course or begin arguing with others on the direction you should take to the extent that you forget where you are headed all together.

Intend, intend, intend.

Once you've chosen a new script, don't abandon it; reality will have no choice but to assist you to your destination.

- 1. Acknowledge the primary script you are on and which script you want to jump to.**
- 2. Keep your ego in check.**
- 3. Stay the course.**
- 4. Keep your vehicle optimally serviced.**

Keep your vehicle optimally serviced.

Throw junk out at rest stops, use premium fuel, check the oil regularly, and keep driving. In other words, keep your layer of reality clean and self-care, self-care, self-care.

And for the love of the Alternatives Space... don't pick up any more annoying hitchhikers!

In the next installment, I will dive deeply into defying standards and the gifts that await you in challenging conventionality. Before you get going on that one, check the homework out y'all. It's a doozy.



Spotting Inferior Scripts, Choosing Superior Ones

HOMEWORK

Do you want something? Of course, you do! Call it out right here and now.

Then, call out the thoughts that convince you it is too hard, unrealistic, or that you do not have what it takes. Consider which environments you could insert yourself into, which would flood your heart and mind with conflicting information. It is a fun and meaningful challenge, all right!

Now go and insert yourself into one of those new environments.

Don't know what it is you want? Take the Anomalous Action Challenge!

Don't know what that is? Come into the FB group and ask!

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is no handwriting or other markings on the paper.



Abandoning Convention & Defying Standards



[Click Image For Audio](#)

“You can do anything you want as long as you do not hurt another person” -Vadim Zeland

Rebellion or being regarded as a rebel is just a matter of not adhering to the norms and standards of the script you’ve chosen for yourself, consciously or subconsciously.

As stated in the first lesson, pendulums pick up the star of a given script, those that perform the requirements perfectly, but also the maverick that goes about achieving something from an unorthodox approach.

Those who ride the middle usually see mediocre success in their lives. Breaking the mold and the rules of conduct can be uncomfortable; our programmed minds want to adhere to the standards to not be called out, embarrassed or cast out.

Here is a magical secret I will delve deeper into in

this lesson: minimal consequences happen when going against the standards. Attempting to do everything perfectly and then messing up draws attention to your shortcomings, inadequacies, and the fact that you colored outside the lines.

If you choose the script of the maverick and declare your mess-ups as small victories and valued attributes of progress, you will let yourself off the leash.

This works absolute wonders with creative endeavors. So many never start with the fear of failure or looking like a fool. Allow yourself a failure, to look foolish, to be laughed at. Is your ego so fragile?

I once followed an Instagram account that posts crazy shit happening at subway stations and on subways in NYC.

One of the posts featured a less-than-average-looking, middle-aged, bald guy with a gut who looked like some construction worker. In the video, he was stripped down to his tighty whities, utility boots on, and dancing with a wall to his back, putting himself on display for hundreds of passersby.

He put his hands on his hips and began thrusting his pelvis wildly. A crowd gathered, and many people began filming the spectacle, cheering, and applauding, the lights from their cellphones creating an environment that mimicked a stage with lighting. You could see through his somewhat sheer underwear that his rocket ship was... well, let's just say it didn't fit the script for such thrusting. He didn't care. He owned it.

I showed the video to my boyfriend, and his reply was, "he realized he could do it without consequence. No one to stop him, so why not?" or something along those lines...

This got me thinking... How often do we seek permission to do something before allowing ourselves to do it, not doing it if we don't find external validation first or simply stating we don't have what it takes?

Now, this could be pure speculation, but what if this construction worker felt as though he had missed his calling somewhere along the way of being a professional dancer but arrived at the idea that in between work and home, he could enter into the state of being the role would have provided him at his whim. Is he a genius or bat shit crazy? Well, that's for none of us to decide.

As Vadim Zeland states, "you can do anything you want as long as you do not hurt another person."

So as crazy as this dude's dancing was, was anyone hurt? He chose a more obscure script helping him to arrive at a particular destination, a platform for his performance with a lively crowd delighted by him bucking the standard narrative.

The hustle and bustle of the NYC subway system shuffled millions of conventional script followers daily to their destinations. The pendulum chose another star that day, however, someone breaking free from

the typical script entirely.

The video had almost 5 million hits when I saw it. The guy chose to be a dancing star, and that's what he got, defying standards with each thrust.

So, what is stopping you? Are you waiting for validation from a mysterious source? Are you trying to conform to a particular set of standards before you can enter a script? Do you believe there to be another way around?

When I began my YouTube channel, the hate mail I received behind the scenes was magnificent!

"You are dreadful on camera!"

"Oh my god, you are the most annoying person on YT!"

"Give it up and go back to the trailer park!"

I was clearly onto something.

It wasn't my lifelong dream to be a YouTuber, far from it. I had zero social media before jumping on the "unconventional sage script," but I did know I wanted to help people gain access to this knowledge.

At first, I tried to follow all the standards I perceived attached to this role. Growth could have been faster, and I felt unsatisfied with my role. I kowtowed to Vadim's every demand, even though I was a rebel in all other aspects of my life.

One day I woke up and realized I had approached the whole endeavor from the same stance I was instructing against. I was trying too hard to please the pendulum, essentially stuffing myself into a box. I then started to do what my heart instructed me to.

I let loose, threw my speaking notes out, and just spoke from my heart. I began dancing, cussing, and playing with puppets on camera. I invited people onto team ITI that Vadim disapproved of and stopped asking permission.

Shortly after, I was blacklisted by Vadim and cast out

of his circle entirely. It was just then that ITI exploded. With almost a million watched hours on YT, thousands of enrolled members, and a solid curriculum that leads on the subject, I'm now the face of Reality Transurfing.

This was all achieved by abandoning the typical script of the promoting follower and choosing a more obscure one, success by unconventional means.

Sometimes we can construct these scenarios on our own and in advance. We can choose the blueprint of the maverick or outlandish rebel and find alternate routes by setting out to do so.

Sometimes, however, opportunities pop up for something we seek to have at unsuspecting times in unsuspecting ways. Being able to spot these gold threads weaved through your world is a skill; being able to jump on them riding them to success; well, a cultivated craft, but anyone can do it.

When I boarded my flight to Tbilisi, Republic of Georgia, last year for a vacation, I had no idea the variables opening up before me. I thought I was just going on a

trip to a place I have always wanted to visit.

When I arrived, I saw something that was challenging to describe. I saw a Lifetrack intended for me, familiarity amid foreign set and decorations. I saw the opportunity. I started to see the surrounding possibilities.

Outright home ownership, business opportunities wailing like a loud siren, a lifestyle that seemed right in line with what I value. Tbilisi offered me a mega dose of the bohemian bourgeoisie that sang right into my heart and mind. I intended to jump over to this golden, exotic script and did just that.

Now, this didn't fit into the script I had previously been living with. Nearly everyone in my life was quick to protest.

"You're going to move from Montana, which offers the highest quality of life in the US, to a third-world country!!"

"How will you survive?!"



“You will be kidnapped!”

“Russia will destroy it after it destroys Ukraine.”

This list of protests went on and on and on.

I quickly realized that I had brushed up against one of our most profound patriotic scripts in the US...

The “USA is the best!” script...

The US is a beautiful country, but the bottom line was that some of the various states of being I was looking to achieve seemed more likely elsewhere. I wanted a lovely big opulent house without a mortgage, a thriving social life with Transurfing friends I could visit daily, and remarkable ease and security.

If I continued to adhere to the “USA is the BEST script” to the point I couldn’t see other possible scenarios offering more of what I wanted, I would have missed these opportunities altogether.

Reality Transurfing strongly emphasizes the value of opening yourself to ways to achieve something unsuspectingly. It also helps us connect with the idea that we must travel to different sectors in the Alternative Space where the presence of what we want is more likely.

Again, think of highway interchanges and choosing a new path. You are only limited by what your mind perceives to be possible.

Also, consider your flexibility and ability to jump to new scripts once spotted. Will you allow yourself this luxury?

From my experience, stubborn programming and deeply rooted beliefs about myself and my world seemed to fade on their own accord simply by opening myself to new variations and not fighting to find my way out of the matrix maze.

The maze is typically composed of standards created by others and pendulums and heavily attempts to persuade us to fit the bill. We are convinced of the importance of these standards, which keep us con-

finied, rigid, and out of tune with our Fraile.

Insecurity creates a vicious circle. The more critical your goal, the greater your desire to achieve it, and the greater the feeling of insecurity. The more worry and anxiety you feel about something, the quicker your fears will prove justified.

The battle for self-worth drains your energy. This energy drain affects your ability to see and seize new opportunities.

How do you break out of this tangled maze? The secret of the maze is that when you stop looking for the way out and let go of the importance of things, the walls of the maze collapse all by themselves.

Stop fighting to prove yourself; you will indeed find your true self and your new script. Stop justifying yourself to others, and you will stop feeling guilty for not fitting the bill. In the same way, if you reduce the importance you attach to external events, you will no longer be dominated by their apparent, great significance.

Perfect coordination is achieved when the heart and mind are in harmony. To achieve this, listen to the dictates of your heart and stay true to your own beliefs. Remember, have at it as long as you are not hurting others. Rock on with your bad self.

Rebelling and choosing scripts less traveled successfully is a practice, however. The odds of you waking up tomorrow, throwing all your scripts and programs out the window, and adopting the role of a Reality revolutionary... Well, if you want to, you can try. I eased myself into this mode, swimming out from the edge little by little until I began to trust myself and my knowledge enough.

When I finally revealed to the Transurfing community in Chapter 2 of my book that I had been a stripper for several years in my 30s, this was a doozie. I was sure it was swimming too far from the edge, but again, I trusted the knowledge and myself, and the sales and analytics for that book chapter speak for themselves.

Where is it written in stone that former strippers

can't later offer spiritual and self-development advice using these past tales as vehicles for valuable lessons? Nowhere! But sometimes, you've got to try that for yourself to see if it works.

I will offer some words of advice on making bold moves, such as these in the next round, titled "Script Kickback."

Again, you are free to do whatever you please as long as you do not hurt anybody.

Crazy moves such as these open up new sectors of Reality. In the latest movie, Everything Everywhere All at Once this is displayed cinematically to perfection.

The movie tackles the challenges of biological, familial, and societal standards. As the movie twists and turns, the main characters surf a variety of alternate realities via script-busting jumps from one version to the next. At the film's end, each character concludes what they value, and their collective script crystallizes, concluding in a happy ending for the family.

It's a fantastic tale of static reality mutiny, but a practical truth is being relayed underneath it all. Answers and new insights are found in alternate sectors that will help you crystallize the ideal reality sector for yourself.

Are you willing to break up the monotony, defy standards to gain access to new sectors, and allow yourself such fluidity? Are you willing to consider the way to your destination may be an unlikely path or that you may have to go it alone without the approval of others? Are you down to try something completely different?

And how does your programming come into play with such an endeavor? Are you currently in a position to allow yourself the luxury of shedding past programming holding you back from jumping to new scripts? Are you primed to allow existing programming to be overridden by information such as this? Start small and boost your current version of Reality before deciding to take a quantum leap. That's what I did.

When I first discovered Transurfing, I was excited, elated, and euphoric with the prospect of a new paradigm. I found it! The thing I had been looking for, yet I didn't even know that I was looking for it.

I jumped on my surfboard and started surfing the different variations available to me. One morning, I woke up, however, in my previous stale, old Reality and mindset. What happened? Where did my Transurfing Reality go?

I fell asleep, lulled by some faceless pendulums back to a mindless slumber, and forgot all about Transurfing. I caught myself, though, and quickly jumped back on my board. It wasn't but a few weeks later when I noticed it happened again.

Reality had become unstable because my mind was so influential in its ability to switch scripts. One minute I had my rose-colored lenses on and was living life to the fullest, in living color, accessing the top layers of Reality with ease, and the next, I was depressed, irritable, and filled with a dull dread about the future. Wtf?!

I realized quickly I needed something to snap me out of my old program and back into the new one if I started to slip. I needed a visual cue in Physical Reality.

Here's the deal (and we will go into this more in-depth in the next round) programming is deeply embedded, decades and lifetimes old, and does not die easily.

This is why most knowledge and books on self-development fall by the wayside after completion quickly. The new program, paradigm, or opportunity for evolution sounds bitchin', but that old program has many tricks to keep itself from being overridden.

Powerful insights and tools are quickly forgotten regardless of how much we believe in their efficacy. I quickly gained powerful insights into how to override pesky programming, convincing me all was lost, and it was so easy I laughed out loud when I realized my trick was working.

I would give myself visual cues in Physical Reality to wake me up and bring me back to my new desired program. This is how the reprogramming stickers came to be.

My world is taking care of me. Everything is going according to plan. Things are working out beautifully and will continue to do so with ease.

I rebelled against my crusty, stale-ass, decades-old script every time I caught a glimpse of these stickers.

If you read my chapters in a Tale of a Practical Reality Transurfing, you will know the whirlwind of variables I fell out of at age 35, dazed and confused. I needed a complete reset. I didn't know up from down, what I wanted, or even who I was.

However, after finishing the original series of five books, I knew one thing: I had discounted my world's care for me in some massive ways. I wasn't yet ready to declare my intentions to the world, but I was ready to accept my world's care for me, so I decided to program this, and to this day, I have never forgotten this mantra. It is with me 24/7. I've successfully reprogrammed my mind, brainwashed myself into believing that my world wants nothing but the best for me, and

guess what... it fucking worked.

With the success of this first bit of prior programming override, I have learned that I can use this tool for anything. Create a small readable program for yourself and give yourself access to it at every turn in your physical Reality.

Cognitive dissonance is real, and the reason most don't find success with this modality is that they have ambiguous and conflicting thought patterns cerebrally battling upstairs. The most extensive, oldest, and strongest program usually wins. You've got to pull the smaller, less embedded chosen programming into Physical Reality and stare that shit down. A new script, new program, new paradigm. Rebel!

So, start here and level up as necessary. Show yourself the power you hold to reprogram your mind and jump to an optimal and enhanced script intended just for you. Do it once, and you're golden. Recognize those threads, and you become the puppet master at commanding your Reality.

Homework time folks! Please see the worksheet and then proceed to our final installment... Script Kick-back. It's real.

Abandoning Conventionality & Defying Script Standards

HOMEWORK

Consider the traits you currently operate with that result in seeking approval, keep you from going against the script, or convince you that a bold move will result in catastrophe.

Again, calling this stuff out is much of the process.

Write everything that comes to mind here and then make a bold move... if you dare!

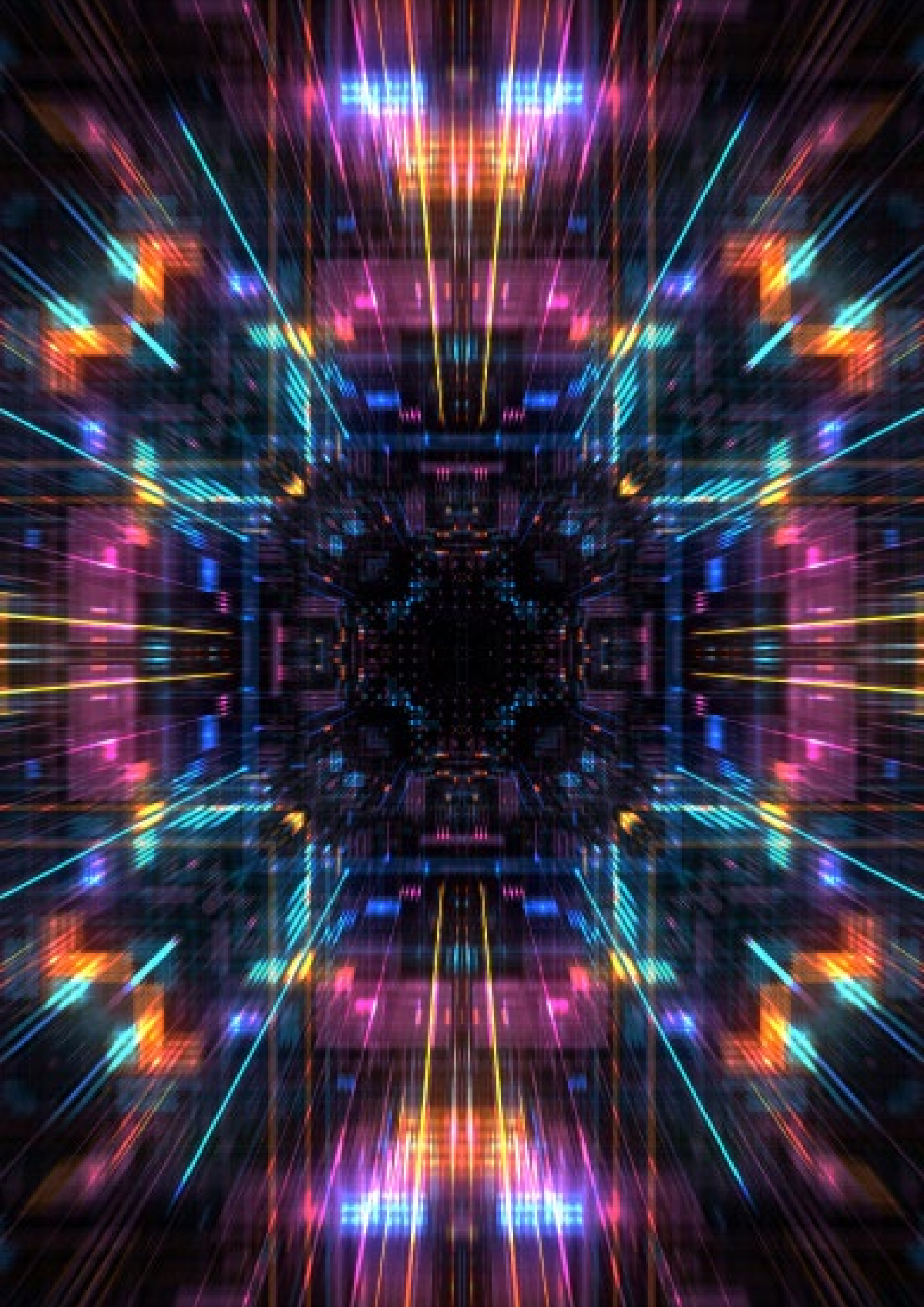
Then, come share it with us in the FB group! :)

The reasons I seek approval are.... _____

I am afraid to go against the script of _____ because.....

I believe the bold move of doing _____ will embarrass me!

I care about this because... _____



Script Kickback



[Click Image For Audio](#)

Declaring that you are making a new choice will agitate and disrupt the flow of events as you and the others in your reality are experiencing them.

Intending a new direction, choosing a new goal, or jumping scripts is easy. Staying the course is where shit gets real, and pendulums start popping off like a MF, attempting to get you back in line.

At the beginning of this course, I issued a warning. I will reiterate this knowledge and implementation of the steps can create instability. Being able to adequately manage and navigate the chaos that will ensue after switching scripts is of the utmost value if you want to continue down your chosen path to your destination.

Pendulums, and people, prefer familiarity and stability. Declaring to those in your life, and the pendulums that you have been feeding energy to, that you are making a new choice, will agitate and disrupt the flow of events as you and the others in your reality are experiencing them.

Reality kickback kicked off when I decided I wanted to jump scripts massively for the first time. I had been operating my jewelry business for over a decade when I realized it lacked some meaning that I had perceived to be on another script.

This new script was helping to spread the good word

of Reality Transurfing worldwide. This new Intention was very different from anything I'd ever done before. I had no experience in teaching, no experience with social media...

Yep, that's right! I was one of the freaks with no social media and didn't have a background in studying the mystical or esoteric either. I did know one thing however, Reality Transurfing transformed my layer of reality in a flash, and I had incredible heart and mind coordination about this new endeavor.

Again, I did not fit the script, have any of the tools available to me to help me along with my Intention, nor did I have the characteristics or attributes of people that usually find themselves in the realm of self-development.

I had just had a nervous breakdown, for crying out loud! Close friends and family shook their heads when I declared my Intention. Retrospectively, I realize they probably thought I was a bit off my rocker.

Reality Transurfing was virtually unheard of outside of Russia. Anyone I mentioned the book to was either puzzled or not interested at all.

I was making big plans though, such as traveling to

Russia to meet Vadim, developing the International Transurfing Institute curriculum, and flying around the globe giving seminars and training in some exotic locales.

The people in my life had no idea what I was doing or why I was doing it. I was told to be careful, not to use my money to support something so obscure and strange and to be wary of characters like Vadim Zeland. My closest friends shook their heads, my family worried about me, and everyone was generally confused as to why I would switch my energy and efforts away from a thriving business for something so... unknown.

Getting ITI (International Transurfing Institute) up and running took massive amounts of time, money, and focus, and only a few people in my reality supported me. I was totally ok with that, however.

Thankfully, I obtained the insights that were necessary for me to stay on course. I understood that the others in my life simply did not understand my new passion, so they reacted with warnings, doubt, and words suggesting I was acting foolishly. It was too far off course for them, and their egos went about challenging this foreign script.

My grandfather went as far as to suggest that maybe I needed to fill my time with a “real job.” I shuddered at the thought.

Typical scripts are comforting to the average human, to the point that they even want to observe others following typical scripts. For someone who has lived a life of convention, watching another find success in something perceived as weird or unconventional can be troubling. Disruption of convention typically makes people nervous, which drives the need to stabilize the disruption via attempts to control the narrative.

Before moving to Georgia, I watched an episode of Parts Unknown, where Anthony Bourdain traveled to the country to experience its culinary delights.

He met with an American living in Tbilisi for several years at a local café. The American suggested that

Georgia was unyieldingly steeped in its traditions.

“There are two things one does not fuck with in Georgia,” he proclaimed.

“One, the religion, and two, the food.”

He then met a Georgian restaurateur in Tbilisi, who served him a multiple-course meal of modern takes on the classics. They discussed the traditional Georgian cuisine at length, and she continued to tell Anthony Bourdain why she felt the quintessential Georgian dishes needed an upgrade to fit the times.

“People aren’t working the way that they used to. Georgians back in the day spent long hours out in the fields, tending crops or doing laboring work. They needed massive amounts of calories the modern Georgian does not need, so I decided to lighten up the cuisine.” she explained.

Anthony relayed to her that the American had suggested that the Georgian cuisine was not fucked with. The woman then explained how upset her grandmother was when she had the novel idea to modernize the typical recipes.

She told the story of being in her kitchen, passionately experimenting with the classic dishes in new ways. Her grandmother would come into the kitchen and cry and beg to know why she was doing what she was doing.

“Why are you doing this!?” grandmother wailed.

“This isn’t how these things are made; these recipes don’t need to be changed!”

The woman continued with her vision and opened a five-star restaurant that was one of the hottest in town at the time of the show. She assumed the role of the maverick in the Georgian Chef script, and the pendulum picked her up and whisked her away to success.

Now, that crying grandma in the kitchen could’ve stopped her in her tracks. Grandma had most likely been making those dishes the way she had taught

her entire life from a young age. Seeing disruption to something so traditional most likely rattled her to her core. Could you withstand what the woman did to see the restaurant through to the end?

Now, for a more extreme example.

When I first realized that I wanted to move to Georgia, I couldn't get enough when it came to researching the country.

I learned via a Google search how, last year, a city-planned LGBT event went horribly wrong.

Again, Georgia is steeped in tradition, which includes a very profound presence of orthodox Christianity. Georgia has yet to adopt many things in western cultures that we are all familiar with. The LGBT community is a perfect example.

So, the official LBGT community petitioned for and got approval for the first-ever pride parade in Tbilisi. Conservative and orthodox groups cried out in a fury, but the community continued to plan away. They advertised the event citywide, and their pendulum began to gain momentum.

This was when the opposition took drastic and violent action. They stormed the pride parade office headquarters, busting up everyone inside. They ripped pride flags off the walls and around town and burned them in the streets. They targeted and attacked the LGBT community and those supporting them. Chaos reigned for three days in Tbilisi, and many were scared to leave their homes.

The president of Georgia called off the parade, saying that the country had enough controversy now and the parade was not worth it anymore. The pride community was up in arms, but they could do nothing. The parade was canceled, and I wonder if they will attempt to hold another parade for many years.

This is where I will reiterate the value of understanding when you can disrupt a script successfully and when probability may not be in your favor.

You cannot change the direction of the script. You

can disrupt the script to the extent that you run a similar script alongside its conventional counterpart, as the maverick, which the woman did with the restaurant in my first story.

Or you can switch scripts entirely, which may have been what the individuals of the LGBT community could've found more success in doing rather than attempting to hijack the orthodox script strongly running through the community.

So, what does this look like? This would look like a member of the LGBT community desiring open camaraderie and the ability to have a parade in a place that supports it. I know this is a controversial statement, but let's be honest here: Reality Transurfing is about energy conservation and navigating to your desired reality sector with ease.

If I had been a member of the LGBT community here in Tbilisi, needing to feel openly accepted and supported in more significant ways, I would've moved my butt over to Paris or London, where this script is already widely established. This is jumping scripts to merge with your desired state of being rather than attempting to force your intentions on an environment that predominantly runs a harsh script that is not serving you.

Both stories vividly display the challenges and push-back that are similarly present in any environment. Navigating Grandma's protest may be something you are capable of or not. Jumping over to a Lifetrack where the presence of what it is you want is likely the ticket.

This is about you getting to where you want to go effectively and efficiently. You do not need to fight, battle, or confront your reality or the conventional scripts threaded through it. Remain open and begin to acknowledge the cracks within the Matrix.

An Intention is a declaration to your world that you will have something, be something or do something. It represents your resoluteness to have and to act.

Once an Intention is determined, the world begins to present options and Variables in line with what the

one holding the Intention is seeking. When an Intention is declared, these cracks in the Matrix will begin to appear.

Staying aware of the Pendulums wanting to cloud your vision, maintaining openness to the possibilities, and a willingness to act when you see the opportunity to jump is all that is needed.

Again, 99% of this is simply maintaining awareness.

Rules, regulations, “shoulds” or “shouldn’ts,” guidelines, codes of conduct, etiquette, duty, social norms, etc., presented to us by the Pendulums in our external environment should be taken with a grain of salt. Remember, you can do anything you want if you do not hurt another person.

When you see an opening, even with the slightest crack, jump through it. Not always, just when you feel compelled to, and heart and mind sing out in unity.

This shift from what is no longer getting you to the results you desire is like a wide-open door. You’ll feel it. Like when the subway door is closing, and you realize it’s your train. Slide in. You’ll figure out what’s next when you get to your seat.

Once settled in, stay hip to the idea that you’ll face challenges. This doesn’t mean you’ve made the wrong choice! You must keep moving and adequately manage the Pendulums that will try to derail you.

For years, my own mother talked negatively about my role in Reality Transurfing. She would constantly state that she didn’t understand what people saw in Reality Transurfing or in me as a teacher of it.

Upon telling her I had booked a massive seminar in the UK; she laughed and shook her head as though it was silly and a joke. My heart broke. When I confronted her at a certain point, she quickly relayed that her idea of me and what others saw in me was so drastically different that it made her uncomfortable, to the extent that she had unsubscribed from all of my social media accounts.

This was when I realized that the script, I had chosen,

was under constant attack by the closest person to me, my own mother.

I began to put distance between us, stopped seeking approval, and eventually was “disowned” by her. It was then that I chose to go “no contact.” Was it an easy choice? Of course not. I would much rather have my mother and her support in whatever endeavor I choose, but I had to call it.

After a while of no contact, I began to evolve, flourish, and excel in ways I had yet to experience. Even though I didn’t realize it, her words, and attacks on me were holding me back.

However, I was only privy to the extent once I had cut the pendulum loose. I know this is an extreme case, and I am by no means suggesting going no contact with close family unless it is absolutely essential. For me, it was.

Choosing new scripts and then being honest about what supports you in these new choices and what hinders you is the ultimate challenge. I have listened to people’s trials and errors with their Reality Transurfing practices for years. If there is one thing, other than the ego, that will cause a person to abandon a new script quicker than you can say, “pendulum city,” it’s other people. That’s it! It’s that simple.

Are you capable of staying true to your Intention with or without the support of others in your life now? Do you have the energy to create a new network of support for scripts yet to be chosen or new ones you are ready to jump too now?

Can you tune out the gibberish of the ego that typically echoes the naysayers in your reality?

One foot in front of the other and maintain awareness of the pendulums gunning for you, and you are already winning the game.

In addition to the pesky ego and the pendulums in your reality, I offer you an additional tip that has helped me to continue regardless of the circumstances at play. This is the art of proactively managing and neutralizing the anxiety of not seeing or

understanding how things will play out or seeing the next frame in the film reel.

Jumping to a script is assuming the role of a new character in a movie that you are also producing and directing. In real life, however, we don't always know how the screenplay will play out. The human mind wants to calculate all the steps between points a and b. Anxiety kicks when the human mind cannot see every step along the way.

The mind quickly becomes overwhelmed with all the unforeseen tasks and questions of "how" and "when." Shift your focus from the "how" and "when" to "what" it is you're doing and "why" you are doing it.

Reality Transurfing is based on action but also on being able to sit in quiet moments of stillness while nothing seems to be occurring. What is playing out behind the metaphysical scenes beyond the mirror, the human mind cannot fully grasp in advance.

This is a trick the ego loves to play, urging you to believe you must figure it out in advance for something to appear feasible. Ignore this junk. You only need to do the steps I've gone over in the last four lessons and trust that your world will navigate you to your destination. It will.

Seven years ago, when I took my first step at founding the International Transurfing Institute, I never would've believed everything I encountered to get me here would have transpired the way it did.

I chose an obscure script, letting my reality take me on a wild ride. I've traveled the world, met fascinating spiritual people, been invited onto hundreds of podcasts and radio shows as an expert, written a book, given seminars, and instructed influential and powerful people to do incredible things in their lives. I started a YouTube channel with over 1 million hours of watched content and created powerful courses people have benefited from worldwide. I've become the face of Reality Transurfing. How exactly did I get here? I let the script take me.

We all have this ability. This knowledge is available for us to use to our highest benefit. You can be anyone

you want to be and do anything you want to do. The script telling you otherwise is merely an illusion, and now you know this.

Listen to this course at least two or three times, and don't be hasty to jump scripts just because you know you can. Continue to take anomalous action, increasing the variety of variables in your current layer of reality, and simply wait until your heart and mind scream out in unison. Then just take what is yours to take.

As I border on hokey motivational speaker territory here, I'm going to bring it all back around to the words of Vadim Zeland himself...

The script will let you go when you let go of the script.

May the threads of reality be in your hands today, Transurfer, and may the winds of Outer Intention be at your back as you exit the Matrix.

Oh, and don't forget to listen to your Transquestioning list! It's legit.

Peace out.

Script Kickback HOMEWORK

Use this final worksheet to write down anything you are thinking or feeling now so you can return to it later.

Remember, most things go in one ear and out of the other when it comes to personal development material. Don't let this be the case now!

Pull whatever you can from your head now and attempt to return here, acting on what it is you've written.

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is no handwriting or other markings on the paper.